



COUNTYWIDE FITNESS CHALLENGE 2016



**Parks
Make
Life
Better!**

PLAY FOR LIFE!

Join us for a day of family fun featuring the "triath-a-fun!"—
fitness walks, bicycle fun rides and pedalboat rally.

PEDALBOAT AND KAYAK RALLY*

BICYCLE FUN RIDE*

5K RUN

FITNESS POWER WALKS

HEALTH SCREENINGS

PICNIC AREA

FREE GIVEAWAYS
DRAWING PRIZES

Santa Fe Dam Recreation Area

15501 Arrow Highway
Irwindale, CA 91706
1st Supervisorial District

**Saturday,
November 5, 2016**

8:00 a.m. – Noon

*Kayaks, pedal boats, bicycles/buggies will be provided

RSVP to secure your giveaways at
<http://employee.hr.lacounty.gov/countywide-fitness-challenge-2/>

